

Shippensburg Health Care Center, a **state-of-the-art facility**, offers a pleasant home-like environment equipped with a sprinkler system and central smoke and fire alarm systems.

The exceptional dining program offers an array of breakfast, lunch, and dinner fare coordinated by a licensed dietitian and cooked by our well-trained chefs. There are a variety of activity areas, lounges, beauty salon, dining room, and sitting areas to socialize, read, watch television, or just relax. Activities are scheduled daily, offering a variety of social, recreational, spiritual, educational, and wellness activities to suit personal interests and abilities.



Senior Health Care Solutions is not a chain affiliate and the principals of the company are both longtime residents of Northeastern Pennsylvania.



**Shippensburg**  
HEALTH CARE CENTER

121 Walnut Bottom Rd • Shippensburg, PA 17257  
Phone: (717) 530-8300  
www.seniorhealthpa.com

INFO.Shippensburg@seniorhealthpa.com  
Senior Health Care Managed Facilities

**Directions:**

We are located off I-81 King St Exit 29. Directly across from the Holiday Inn at 121 Walnut Bottom Road, Shippensburg, PA 17257.

phone 717-530-8300  
fax 717-530-8304

**Sayre Health Care Center**

151 Keefer Lane,  
Sayre PA 18840

**Sayre Personal Care Center**

1001 N. Elmer Ave  
Sayre, PA 18840

**Heritage Mills**

846 E Wiconisco Ave,  
Tower City, PA 17980

**Under Construction**

Green Valley Skilled Nursing & Rehabilitation, Pottsville, PA

Delaware Valley Skilled Nursing & Rehabilitation, Matamoras, PA

Delaware Valley Personal Care Center & Retirement Center, Matamoras, PA

Services are provided & admission /referrals are made without regard to race, color, religious creed, ancestry, gender, sexual orientation, disability, age or national origin. Complaints of discrimination may be filed with the Office of Civil Rights, U.S. Department of Health & Human Services, Bureau of Civil Rights Compliance, the PA Department of Public Welfare; or, the PA Human Relations Commission.



**Shippensburg**  
HEALTH CARE CENTER



**Senior Health Care**  
SOLUTIONS  
*Managed Facility*

# Skilled Medical & Rehabilitative Services



Shippensburg  
HEALTH CARE CENTER

## *A Team Centered Approach to Care*

At Shippensburg Health Care Center, we understand the best way to care for our older population in need of short or long term rehabilitation is to treat each person as the individual they are. This fully-licensed facility is a division of Senior Health Care Solutions, a premier provider of long term care for three decades in Northeastern and Central Pennsylvania. Our commitment to care is centered on a philosophy that is dedicated to the whole person.

Our highly trained staff partnered with you, will help build an understanding of each person's daily routines to make the transition to skilled nursing seem effortless. Our goal is to make an often difficult decision the right decision for you and your family.

### **Personal Care & Wellness Services**

We provide our older adults with an atmosphere promoting independence, comfort and security and a healthy lifestyle. Seniors are encouraged to make their own choices to maintain their independence while having a supportive rehabilitative staff to help achieve the highest level of independence through comprehensive medical rehabilitation.

### **Our well trained staff includes:**

*Physicians*  
*Registered Nurses*  
*Licensed Practical Nurses Certified*  
*Nursing Aides*  
*Physical Therapists*  
*Occupational Therapists*  
*Speech Therapists & Audiologists*  
*Dieticians*  
*Recreational Activity Therapists*  
*Social Services*  
*Housekeeping & Maintenance Staff*

Our skilled medical services are designed to benefit residents whose activities of daily living cannot be adequately provided for at home or in a personal care center.

### **Our services include:**

*Short & Long Term Rehabilitation*  
*Infusion Therapies*  
*Cardiac Recovery Services*  
*Renal Disease Services*  
*Digestive Disease Services*



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