

Sayre Personal Care Center is a tastefully appointed personal care center offering a variety of services to ensure that residents can continue living as independently and comfortably as possibly.

As a division of Senior Health Care Solutions, the region's premier provider of long-term care centers, Sayre Personal Care Center is committed to providing unparalleled care to the elderly. Our commitment to care is centered on a philosophy that is dedicated toward the whole person.

Conveniently located near many of the region's major hospitals, Sayre Personal Care Center is central to various public transportation routes, physicians' offices, churches, and grocery stores.

Sayre Personal Care Center offers an all-inclusive room rate that includes room and board, meals, snacks, activities, and laundry services.



#### SAYRE PERSONAL CARE CENTER

1001 North Elmer Avenue Sayre, PA 18840 Phone: (570) 888-2858

### **Sayre Health Care Center**

151 Keefer Lane Sayre, PA 18840 (570)-888-2192

*Visit Us On the Web* seniorhealthpa.com

Services are provided & admission/referrals are made without regard to race, color, religious creed, ancestry, gender, sexual orientation, disability, age or national origin. Complaints of discrimination may be filed with the Office for Civil Rights, U.S. Department of Health & Human Services, Bureau of Civil Rights Compliance, the PA Department of Public Welfare; or, the PA Human Relations Commission.



"Quality Care with a Personal Touch"



# Personal Care & Wellness Services



### **Personal Care Service**

Our goal is to create an atmosphere where residents feel independent and safe. Our services aim to promote a secure, comfortable, and healthy lifestyle for seniors and include:

> Personal Hygiene Activities of Daily Living Activities (Social & Recreational) Dining Laundry & Cleaning Service Medication Monitoring Therapy Transportation

#### **Our Wellness Team**

Our wellness team ensures that the physical, social, recreational, spiritual, and educational needs of our residents are met.

Physicians Professional Nurses Recreational Activities Therapists Personal Care Attendants Housekeeping & Maintenance Staff Dietary Staff

## A Team Centered Approach To Care

You and your loved ones are the most important members of our team. We strive to build relationships with our residents, learning about their daily routine and life experiences.

These relationships help our staff to understand each resident's preferences and can alert us to any indication that a resident's health or psycho-social status may be changing.

An ongoing dialogue between residents, their families, and our wellness team ensures that all parties are making the best and most informed decisions possible.

Senior Health Care Solutions is not a chain affiliate and the principals are long time residents of Northeastern Pennsylvania.

Senior Health Care Solutions offers a variety of long term care services in Bradford County including the recently constructed Sayre Health Care Center. At Sayre Personal Care Center, residents live in an atmosphere much like home. Specifically built for the older adult, Sayre Personal Care Center boasts semi-private and private rooms and is aesthetically designed with an emphasis on comfort, ease of living, and security.

Our highly trained staff includes, nurses, physicians,, personal care attendants, and therapists all working together to promote a culture that echoes individual concern for each resident's health and well being.

At Sayre Personal Care Center, our care-givers encourage residents to make their own choices and are always available to provide a helping hand.

