



# June Activities Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**1 National Doughnut Day**

Morning News & Coffee  
Aerobics  
Bean Bag Toss  
Bingo & Donuts



**2 National Black Bear Day**

Morning News & Coffee  
Fittercise  
Movie with Snack & Soda  
Patio Time



**3 National Egg Day**

Morning News & Coffee  
Movie Day with Popcorn & Lemonade



**4 National Old Maid Day**

Morning News & Coffee  
Sittercise  
Cards  
Patio Time  
Bingo

**5 National Gingerbread Day**

Morning News & Coffee  
Payer & Communion w/ Sacred Heart  
Board Games  
Fittercise  
Stroll  
Ball toss

**6 National Gardening Day**

Morning News & Coffee  
Chair Aerobics  
Puzzle Time  
Conversation Ball  
Bible Study  
Patio Time

**7 National Chocolate Ice Cream Day**

Morning News & Coffee  
Sittercise  
Reminisce Time  
Cooking 'German Chocolate Cake'  
Nails

**8 National Best Friends Day**

Morning News & Coffee  
Fittercise  
Beauty Day  
Chit Chat

**9 National Iced Tea Day**

Morning News & Coffee  
Sittercise  
Relax Day  
Fold Towels



**10 National Corn on the Cob Day**

Morning News & Coffee  
Fittercise



**11 National Red Rose Day**

Morning News & Coffee  
Aerobics  
Bowling  
Puzzles  
Bingo  
Stroll



**12 National Sewing Machine Day**

Morning News & Coffee  
Prayer & Communion w/ Sacred Heart  
Sittercise  
Swatter Game  
Patio Time

**13 National Weed Your Garden Day**

Morning News & Coffee  
Aerobics  
Board Games  
Conversation Ball  
Bible Study  
Stroll

**14 Flag Day**

Morning News & Coffee  
Fittercise  
Cards  
Washer Toss  
Decorate Outside

**15 Nature Photography Day**

Morning News & Coffee  
Walmart Trip  
Schiano's Lunch

**16 National Fudge Day**

Morning News & Coffee  
Aerobics  
Relax Day  
Board Games



**17 Father's Day**

Morning News & Coffee  
Father's Day Dinner



**18 National Go Fishing Day**

Morning News & Coffee  
Sittercise Make Your Own Sundae  
Patio Time  
Stroll

**19 National Watch Day**

Morning News & Coffee  
Aerobics  
Prayer & Communion w/ Sacred Heart  
Games  
Stroll



**20 National Ice Cream Soda Day**

Morning News & Coffee  
Sittercise  
Bingo  
Patio Time  
Bible Study  
Ice Cream Sundaes

**21 First Day of Summer**

Morning News & Coffee  
Aerobics  
Bowling  
Painting  
Stroll  
Make Cupcakes



**22 National Onion Rings Day**

Morning News & Coffee  
Fittercise  
Washer Toss  
Baking  
Patio Time  
Bingo

**23 National Pink Day**

Morning News & Coffee  
Sittercise  
Bingo



**24 National Pralines Day**

Morning News & Coffee  
Movie & Snack  
Patio Time



**25 National Strawberry Parfait Day**

Morning News & Coffee  
Cards  
Bingo  
Stroll  
Tic Tac Toe

**26 National Chocolate Pudding Day**

Morning News & Coffee  
Chocolate Pudding Social  
Board Games

**27 National Sunglasses Day**

Morning News & Coffee  
Bible Study  
7:00pm Pet Parade



**28 National Handshake Day**

Morning News & Coffee  
Cooking  
Conversation Ball  
Walk  
Bingo

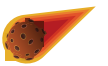
**29 National Camera Day**

Morning News & Coffee  
Puzzle Time  
Weed Flowers  
Patio Time



**30 National Meteor Watch Day**

Morning News & Coffee  
11:00AM Tower City Parade



- June 3 National Cancer Survivors Day
- June 5 World Environment Day
- June 6-12 National Headache Awareness Week
- June 6 D-Day Anniversary
- June 11-17 CNA Week
- June 11-17 Men's Health Week
- June 12 Peanut Butter Cookie Day
- June 14 Family History Day
- June 14 Flag Day

## June Holiday's



- June 17 Fathers' Day
- June 21 First Day of Summer
- June 27 National Sunglasses/Sun Shades Day
- June 21 First Day of Summer
- June 27 National Sunglasses/Sun Shades Day
- Alzheimer's & Brain Awareness Month
- Cataract Awareness Month

## Birthdays

**Residents**  
Eugene 6/22  
Hazel 6/26

**Staff**  
Tara D. 6/3  
Victoria 6/4  
Amber 6/12



**Heritage Mills**  
PERSONAL CARE AND MEMORY ASSISTANCE CENTER