










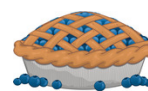

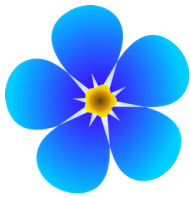

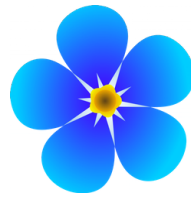

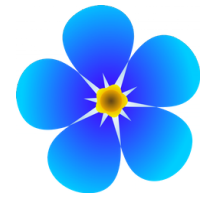
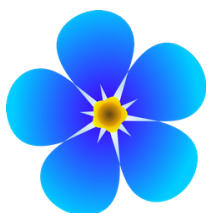


# April Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 Easter</b> Easter Sunday Dinner  April Fools' Day	<b>2 National Peanut Butter and Jelly Day</b> 8:30 Morning News & Coffee 9:30 Chair Aerobics 10:30 Board Games 1:30 Bingo	<b>3 National Find a Rainbow Day</b> 8:30 Morning News & Social Hour 9:30 Fittersize 10:30 Prayers & Communication w/ Sacred Heart 1:30 Manicures 2:30 Balloon Game 	<b>4 National Walking Day</b> 8:30 Morning News & Coffee 9:30 Seniorsize 10:30 Conversation Ball 1:30 Bible Study 2:30 Outdoor Stroll	<b>5 National Burrito Day</b> 8:30 Morning News & Coffee w/ Donuts 9:30 Fittersize 10:30 Board Games 1:30 Bingo 2:30 Ring Toss	<b>6 National Caramel Popcorn Day</b> 8:30 Morning News & Tea 9:30 Morning Stroll 10:30 Tic Tac Toe 1:30 Make Carmel Popcorn	<b>7 National Popcorn Day</b> National Popcorn Day Serve Caramel Popcorn 
<b>8 National Zoo Lovers Day</b> 	<b>9 National Former POW Recognition Day</b> 8:30 Morning News & Coffee 9:30 Fittersize 10:30 Morning Stroll 1:30 Bingo	<b>10 National Siblings Day</b> 8:30 Morning News & Social Hour 9:30 Chair Aerobics 10:30 Prayers & Communication w/ Sacred Heart 1:30 Afternoon Stroll 2:00 Spring Craft 	<b>11 National Pet Day</b> 8:30 Morning News & Tea 9:30 Seniorsize 10:30 Yahtzee 1:30 Bible Study 6:30 PM David's Church Choir to Perform	<b>12 National Grilled Cheese Sandwich Day</b> 8:30 Morning News & Coffee 9:30 Morning 10:30 Balloon Games 1:30 Singalong w/ Noreen Gregory and wine & Cheese Social	<b>13 National Scrabble Day</b> 8:30 Morning News & Coffee 9:30 Fittersize 10:30 Morning Stroll 1:30 Scrabble Games 2:30 Trivia	<b>14 National Pecan Day</b> 9:30 Morning News & Coffee 10:30 Movie-Dolphin Tale w/ Popcorn & Soda 
<b>15 National Tax Day</b> All Day Movie Titanic w/ Chips & Soda Snacks 	<b>16 National Eggs Benedict Day</b> 8:30 Morning News & Coffee 9:30 Chair Aerobics 10:30 Parachute Games 1:30 Card Games 2:30 Conversation Cards	<b>17 National Cheeseball Day</b> 8:30 Morning News & Tea 9:30 Morning Stroll 10:30 Prayers & Communication w/ Sacred Heart 1:30 Tasty Cake Bingo	<b>18 National Animal Crackers Day</b> 8:30 Morning News & Coffee 9:30 Seniorsize 10:30 Bowling 1:30 Bible Study 2:30 Game-5 Sec Rule	<b>19 National Garlic Day</b> 8:30 Morning News & Coffee 9:30 Sittersize 10:30 Ball Toss 1:30 Gardening Club-Plant Flowers  3:00 Afternoon Stroll	<b>20 National Cheddar Fries Day</b> 8:30 Morning News & Coffee 9:30 Morning Stroll 10:30 Board Games 2:00 Resident Council Meeting	<b>21 National Chocolate Covered Cashews Day</b> Movie-Free Willie Popcorn & Soda 
<b>22 National Earth Day</b> Relaxation Day Listen to the Oldies Puzzle Time 	<b>23 National Picnic Day</b> 8:30 Morning News & Coffee 9:30 Sittersize 10:30 Beauty Day 1:30 Bingo 3:00 Snack Social	<b>24 National Pigs in a Blanket Day</b> 8:30 Morning News & Tea 9:30 Chair Aerobics 10:30 Prayers & Communication w Sacred Heart 1:30 Make Your own Banana Splits 2:30 Social Hour	<b>25 National Zucchini Bread Day</b> 8:30 Morning News & Coffee 9:30 Fittersize 10:30 Yahtzee 1:30 Bible Study 3:00 Afternoon Stroll	<b>26 National Pretzel Day</b> 8:30 Morning News & Tea 9:30 Seniorsize 10:30 Adult Coloring  1:30 Soft Pretzel Social	<b>27 National Tell a Story Day</b> 8:30 Morning News & Coffee 9:30 Fittersize 11:30 Lunch Outing to Nino's 1:30 Ball Toss 2:30 Family Fued	<b>28 National Blueberry Pie Day</b> Movie Day w/ snacks and refreshments 
<b>29 National Zipper Day</b> Relaxation Day Lemonade on the Patio Take a Stroll 	<b>30 National Oatmeal Cookie Day</b> 8:30 Morning News & Coffee 9:30 Fittersize 10:30 Shopping Trip and Lunch Outing 2:30 Bingo					

- April 1 Easter & April Fool's Day
- April 2-6 National Public Health Week
- April 7 World Health Day
- April 13 Thomas Jefferson's Birthday
- April 17 Tax Day
- April 15-21 National Volunteer Week
- April 22 Earth Day
- April 24-30 World Immunization Week
- April 25 Administrative Professionals Day
- April 27 Arbor Day

## April Holiday's



- Keep America Beautiful Month
- National Autism Awareness Month
- National Donate Life Month
- National Foot Health Awareness Month
- Occupational Therapy Month
- Parkinson's Awareness Month
- Physical Wellness Month
- Stress Awareness Month

## Birthday's

**Residents**  
 Mary T 4/3  
 Lynda R 4/29



**Staff**  
 Nakohl 4/23  
 Stacy 4/27



**Heritage Mills**  
 PERSONAL CARE AND MEMORY ASSISTANCE CENTER