



June Activities Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1 National Doughnut Day

Morning News & Coffee
Aerobics
Bean Bag Toss
Bingo & Donuts



2 National Black Bear Day

Morning News & Coffee
Fittercise
Movie with Snack & Soda
Patio Time



3 National Egg Day

Morning News & Coffee
Movie Day with Popcorn & Lemonade



4 National Old Maid Day

Morning News & Coffee
Sittercise
Cards
Patio Time
Bingo

5 National Gingerbread Day

Morning News & Coffee
Payer & Communion w/ Sacred Heart
Board Games
Fittercise
Stroll
Ball toss

6 National Gardening Day

Morning News & Coffee
Chair Aerobics
Puzzle Time
Conversation Ball
Bible Study
Patio Time

7 National Chocolate Ice Cream Day

Morning News & Coffee
Sittercise
Reminisce Time
Cooking 'German Chocolate Cake'
Nails

8 National Best Friends Day

Morning News & Coffee
Fittercise
Beauty Day
Chit Chat

9 National Iced Tea Day

Morning News & Coffee
Sittercise
Relax Day
Fold Towels



10 National Corn on the Cob Day

Morning News & Coffee
Fittercise



11 National Red Rose Day

Morning News & Coffee
Aerobics
Bowling
Puzzles
Bingo
Stroll



12 National Sewing Machine Day

Morning News & Coffee
Prayer & Communion w/ Sacred Heart
Sittercise
Swatter Game
Patio Time

13 National Weed Your Garden Day

Morning News & Coffee
Aerobics
Board Games
Conversation Ball
Bible Study
Stroll

14 Flag Day

Morning News & Coffee
Fittercise
Cards
Washer Toss
Decorate Outside

15 Nature Photography Day

Morning News & Coffee
Walmart Trip
Schiano's Lunch

16 National Fudge Day

Morning News & Coffee
Aerobics
Relax Day
Board Games



17 Father's Day

Morning News & Coffee
Father's Day Dinner



18 National Go Fishing Day

Morning News & Coffee
Sittercise Make Your Own Sundae
Patio Time
Stroll

19 National Watch Day

Morning News & Coffee
Aerobics
Prayer & Communion w/ Sacred Heart
Games
Stroll



20 National Ice Cream Soda Day

Morning News & Coffee
Sittercise
Bingo
Patio Time
Bible Study
Ice Cream Sundaes

21 First Day of Summer

Morning News & Coffee
Aerobics
Bowling
Painting
Stroll
Make Cupcakes



22 National Onion Rings Day

Morning News & Coffee
Fittercise
Washer Toss
Baking
Patio Time
Bingo

23 National Pink Day

Morning News & Coffee
Sittercise
Bingo



24 National Pralines Day

Morning News & Coffee
Movie & Snack
Patio Time



25 National Strawberry Parfait Day

Morning News & Coffee
Cards
Bingo
Stroll
Tic Tac Toe

26 National Chocolate Pudding Day

Morning News & Coffee
Chocolate Pudding Social
Board Games

27 National Sunglasses Day

Morning News & Coffee
Bible Study
7:00pm Pet Parade



28 National Handshake Day

Morning News & Coffee
Cooking
Conversation Ball
Walk
Bingo

29 National Camera Day

Morning News & Coffee
Puzzle Time
Weed Flowers
Patio Time



30 National Meteor Watch Day

Morning News & Coffee
11:00AM Tower City Parade



- June 3 National Cancer Survivors Day
- June 5 World Environment Day
- June 6-12 National Headache Awareness Week
- June 6 D-Day Anniversary
- June 11-17 CNA Week
- June 11-17 Men's Health Week
- June 12 Peanut Butter Cookie Day
- June 14 Family History Day
- June 14 Flag Day

June Holiday's



- June 17 Fathers' Day
- June 21 First Day of Summer
- June 27 National Sunglasses/Sun Shades Day
- June 21 First Day of Summer
- June 27 National Sunglasses/Sun Shades Day
- Alzheimer's & Brain Awareness Month
- Cataract Awareness Month

Birthdays

Residents
Eugene 6/22
Hazel 6/26

Staff
Tara D. 6/3
Victoria 6/4
Amber 6/12



Heritage Mills
PERSONAL CARE AND MEMORY ASSISTANCE CENTER